

## What will delegates learn?

Workshop programme:

- The theory of coaching
- Recognising different learning styles – how do you and others take on information?
- Improving performance through other people
- Different behaviours of an effective coach
- Giving effective feedback
- Preview/Review coaching



For more detailed information about this, and other courses available,

Please contact

HRC, at:

## How will delegates learn?

- In a classroom environment working in small groups, and
- By being involved in practical sessions, in a fun environment

In order for delegates to get the full benefit from the workshop, there will be a small element of pre-course work

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# HRC

Human Resources Consultancy  
Training & Development

## Coaching To Improve Performance

An excellent introduction/refresher for those coaching others in the workplace

Empower and reward employees with an extraordinary personal development training opportunity in an alternative environment

A training workshop with a real difference:

Highly interactive training, involving professional sports coaches

An opportunity to put theory and practical skills into practice in a fun-orientated environment

Exceptional leisure club venues, where delegates are invited to use the facilities at the end of the day, at no extra cost!

## Who should attend the Workshop?

Anyone who is responsible for managing, motivating, or developing others. This could include:

- Company Directors
- HR staff
- Department Managers
- Sales Managers
- Team Leaders/Supervisory staff

## Does your organisation experience any of the following scenarios?

- Is the motivation and subsequently performance of your employees, suffering due to an environment of 'change'?
- Is the full potential of your employees/teams being utilised?
- Do Team Leaders/Managers have the knowledge and experience to release employee potential?
- Do Team Leaders/Managers struggle to constructively overcome motivation issues?
- Are your Team Leaders/Managers able to adapt their own coaching styles in order to overcome the barriers associated with improving performance?

## How your organisation will benefit:

- Delegates will learn the techniques of coaching from professional sports coaches. Inter-linking this with theory will give an invaluable insight into coaching, motivating and developing others in the workplace
- Appreciating the differences in individual learning styles will help delegates to adapt coaching styles accordingly to suit individual needs.
- Delegates will return to work enthused and eager to put their new skills into practice, having already experienced the benefits in practical sessions.

## Is the Workshop designed for a specific industry?

No, the Workshop is designed to suit any industry. However, if you prefer we can deliver a bespoke Workshop specifically designed for your organisation. Here are just a few examples of who could benefit from the workshop:

- ✓ Call Centres – Managers/Team Leaders
- ✓ Branch Networks – Managers leading teams performing a variety of duties
- ✓ Organisations who are constantly subject to 'change'
- ✓ Any organisation where team members require ongoing support from Supervisors/Team Leaders in order to perform well.

## The Workshop Environment

- This one-day Workshop will be informal, relaxed and ideal for learning.
- All Workshops will be held at high profile sport and leisure venues, where delegates will have the opportunity to enjoy the facilities at the end of the day.
- To minimise delegates travel expenses, workshops will be held in local venues.



## General Information

- Fully qualified CIPD trainers
- Fully Qualified Sports Coaches
- Open workshops available on specific dates/locations
- Bespoke workshops available to cater specifically for your own employees
- Workshops available nationwide